

BOARDWALK[®]

FRESH BURGERS & FRIES

NUTRITION INFORMATION

<i>Build-A-Burger</i>	<i>Calories</i>	<i>Fat Cal.</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Chol. (mg)</i>	<i>Sodium (mg)</i>	<i>Carbs (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
Ground Beef Patty	290	200	23	9	80	75			19
Veggie Patty	210	60	7	1	0	700	24	2	17
A1 Sauce	15					230	3	2	5
American Cheese	70	35	4	2.5	10	380	3	2	5
Bleu Cheese	100	70	8	5	20	400	1		6
Buffalo Sauce	60	60	6	4	15	210	2		
Cheddar Cheese	170	120	14	9	45	280	1		11
Chili	50	25	3	1	10	170	3		3
Green Peppers									
Grilled Onions	50	35	4	2.5	10	30	4	2	1
Honey Mustard	60	45	5	0.5	5	100	3	3	
Hot Sauce						350	4		
Jalapeño Peppers									
Ketchup	15					160	4	3	
Lettuce									
Mayo	100	100	11	1.5	10	85			
Ranch Dressing	70	70	8	1	4	140	1		
Red Onions							1		
Relish	10					60	2	2	
Sautéed Mushrooms	30	20	2	1	5	190	2	1	1
Sliced Pickle	5					30	1	1	
Swiss Cheese	110	70	8	5	25	55	2		8
Wheat Bun	190	20	2.5			340	38	4	7
White Bun	110	25	2.5	0.5		200	19	3	4
White Onions	5						1		
Yellow Mustard	10	5	0.5			180	1		1



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<i>Signature Burgers</i>	<i>Calories</i>	<i>Fat Cal.</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Chol. (mg)</i>	<i>Sodium (mg)</i>	<i>Carbs (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
BBQ Bacon Cheddar	970	610	69	30	225	1110	24	7	60
Bleu Burger	930	600	68	26	200	1000	22	3	55
Mushroom Swiss	890	550	63	24	190	780	27	5	53

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<i>Fries</i>	<i>Calories</i>	<i>Fat Cal.</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Chol. (mg)</i>	<i>Sodium (mg)</i>	<i>Carbs (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
Cheese (on fries)	590	400	45	20	100	2820	23	1	23
Chili (on fries)	270	140	16	5	50	880	14		17
Fries (large)	2650	1170	132	24	10	2850	332	3	33
Fries (medium)	990	440	49	9	3	1070	125		12
Fries (regular)	660	290	33	6	2	710	83		8
Gravy (on fries)	35	15	1.5	0.5	5	390	4	1	1

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Salads	Calories	Fat Cal.	Fat (g)	Sat. Fat (g)	Chol. (mg)	Sodium (mg)	Carbs (g)	Sugars (g)	Protein (g)
Bleu Cheese Dressing	400	380	43	7	25	790	4	3	1
Boardwalk Salad	180	100	11	5	30	350	7	3	11
Garden Salad	90	45	5	3	15	100	7	3	6
Honey Mustard Dressing	370	280	31	4.5	45	600	20	17	
Lite Italian Dressing	100	60	7			850	6	6	
Ranch Dressing	430	400	46	7	25	840	4	3	1
Raspberry Vinaigrette Dressing	100					230	23	20	

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<i>Dessert</i>	<i>Calories</i>	<i>Fat Cal.</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Chol. (mg)</i>	<i>Sodium (mg)</i>	<i>Carbs (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
Chocolate Milkshake	690	300	34	21	130	300	82	73	15
Cookies & Cream Milkshake	710	330	37	21	130	300	79	69	15
Funnel Cake Fries (large)	290	100	11	4.5	35	310	44	15	4
Funnel Cake Fries (regular)	150	50	5	2.5	20	150	22	7	2
Mint Chocolate Chip Milkshake	740	300	34	21	130	300	93	84	15
Strawberry Milkshake	700	300	34	21	130	290	83	77	15
Vanilla Milkshake	690	300	34	21	130	280	81	76	15



NUTRITION INFORMATION

<i>Kids Menu</i>	<i>Calories</i>	<i>Fat Cal.</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Chol. (mg)</i>	<i>Sodium (mg)</i>	<i>Carbs (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
Chicken Tender Meal	1040	510	57	12	85	1380	94	1	35
Grilled Cheese Meal	870	320	36	11	25	1960	113	9	23
Hot Dog Meal	740	350	39	10	45	1200	80		17